

Andrei R. VORONTSOV, Ph.D.

Swimming Coach of the Top Category (USSR, Russia)

American Swimming Coaches Association – **Level 5 Senior International Coach**

University of Bath Swimming Coach – 09.2005-09.2006 and at present time (since 08.2017).

In October 2019 inducted into the University of Bath Sports Hall of Fame.

Education:

Vorontsov received a master's degree in sport sciences and theory and methodic of sports training from the Russian State Central University of the Physical Education Sports and Tourism in 1973 (GZOLIFK). 1973-1976 – Ph.D. student. In 1977 awarded with Ph.D. degree in Sport Studies. 1979-1986 – Principal Lecturer. In 1987 elected as associate professor of the Chair of Aquatic Sports of the GZOLIFK.

Coaching Career and Achievements:

SWEDISH NATIONAL SWIMMING COACH / NEC – National Excellence Center
Senior Coach (since 01 January 2013 until 31 December 2016), Stockholm.

As Swedish National Swimming Coach participated in all major international swimming events, including World, European Championships and XXXI Olympic Games (Rio-de-Janeiro, 2016).

Swimmers of the NEC won 2 medals at the World Swimming Championships 2013 (Barcelona), 4 medals at the World Short Course Swimming Championships 2014 (Doha), 10 medals at the European Swimming Championships 2014 (Berlin), 6 medals (3 gold) at the World Swimming Championships 2015, 3 medals (1 gold) at the XXXI Olympic Games in Rio-de-Janeiro.

During 4 seasons NEC swimmers broke 36 individual national records (7 swimmers), 11 national relay records, 6 World individual and 1 World relay record, 1 Individual and 1 relay European records.

RUSSIAN NATIONAL SWIMMING HEAD COACH – 2009-2012). As Russian National Head Coach took part in all major international swimming events, including World, European Championships and XXX Olympic Games (London).

Team achievements:

2009 – LEN Trophy at the European Short Course Championships in Istanbul.

2010 – 2nd overall place at the World Short Course Championships (Dubai) – 1st time in Russian Swimming history.

2011 - LEN Trophy at the European Short Course Championships (Szczecin).

2012 – 10th place at the XXX Olympic Games in London (2 silver and 2 bronze medals).

BRITIS SWIMMING COACH/Sport Scientist (09 March of 1999 – 20 August 2005)

As a member of British Swimming Team took part in XXVII Olympic Games in Sydney (2000, as a member of the group of home coaches), World Short Course Swimming Championships 1999, 2000, 2002 (in 2002 – as UK team interim Head Coach); European Short Course (1999 & 2004) and European Long Course (1999 & 2000) Championships, World Cups stages in 1999, 2000, 2003, European Youth Olympic Festival 2003, European Junior Championships 2004, 2005, Open Water World Swimming Championships 2006.

During that time as personal coach prepared:

8 British National Senior records, 2 British National Junior records, 3 British Age Group Records, 3 British Best Times in Open Water Swimming (unofficial National records) in 5K, 10K and 25K Open Water swimming.

ASA Regional Talent Development Coach for South-West and East Anglia/ University of Bath swimming coach 01.10.2006 – 31.12.2008.

1996-1998 – Director of the Sport Program and Head Coach of the “Aquatic Performance Swimming Club” (Singapore).

1993-1995 – Head Swimming Coach of the National Sport Council of Malaysia.

1976-1992 – Head Swimming Coach of the GZOLIFK.

Sport Science Experience:

1974-1990 – member of science-research group of the National Swimming Team and Junior Swimming Team of USSR.

1981-1990 – member research group and starting with 1986 – scientific coordinator of be-lateral research project USSR-DDR “Selection and Multi-Year Preparation of Young Athletes” (in charge for sport swimming).

Conducted research on:

hydrodynamics of swimming and swimming technique,
advanced methods of functional and strength training in swimming,
LTAD;

Released more than 130 books, manuals, articles, scientific reports, learning programs released in USSR/Russia, USA, Australia, UK, Germany, France, Spain and other countries.

Supplementum: **WORK ON POOL DECK AS PRACTICAL COACH:**

In Sweden: work together with Carl Jenner as the NEC coach with following athletes:

Sarah Sjostrom, Olympic Champion 2016 (100 butt.), Olympic silver and bronze medal winner (200 free, 100 free), World LC Champion and multiple medal winner 2013, 2015, European Champion 2014, 2016, World Short Course Champion (50 & 100 butt., 200 free) – 36 medals at the World and European Swimming Championships 2013-2016.

Jennie Johansson – 50 BR World Champion 2015 and European Champion 2016, silver medal winner in medley relay at the World Champs 2015, triple European silver medal winner 2014 (50 & 100 BR, 4 x 100 MR), Olympic semi-finalist (2016).

Simon Sjodin – bronze medal winner at European Short Course Champs 2013, 2015, Olympic semi-finalist 2016 (200 fly, 200 IM), World Championships 2013, 2015 finalist (200 IM, Mixed 4 x 100 Medley Relay).

Erik Persson – 4th place at the European LC (2016) and SC (2015), Olympic Games 2016 semi-finalist (12th place), finalist of the World Short Course Champs 2016.

Michelle Coleman – Olympic Games 2016 finalist (200 free), World Championships 2015 silver medal winner in 4 x 100 Medley Relay, European Championships 2014 champion in 4 x 100 free relay, silver medal winner in 4 x 100 Medley and 4 x 200 freestyle relay, bronze medal winner in 100 m freestyle.

In UK:

At the Commonwealth Games 2002 in Manchester was in charge for coaching of Team England breaststroke swimmers - **Adam Whitehead, Darren Mew, Heidi Earp, Jamie King, Kate Haywood**. Result – 2 gold, 1 silver, 2 bronze medals of the Games.

As a British Coach prepared:

8 British National Senior, 2 British National Junior records, 3 British Age Group Records, 3 British Best Times in Open Water Swimming (unofficial National records) in 5 K, 10K and 25 K Open Water swimming.

2002-2004 – personal coach to **Robin Francis**: silver medal winner in 400 m IM at the European Short Course Championships 2003, silver medal winner in 400 IM at the World Short Course Championships 2004, 12th place at Olympic Games 2004 in 400 IM, 16th place in 200 IM.

2003-2007 – coach to **Alan Bircher*** – the best British Open Water swimmer:

The first ever medal winner for Great Britain in 10 KM at the World Open Water Swimming Championships 2004 (silver medal),

The first ever British medal winner in 5 KM at European Championships 2004 (silver medal);

winner of the European Open Water Super Cup 2004,

winner of the World Cup stage at Atlantic City 2004, World Cup Stages in London, Hong Kong and Setubal (2006), runner-up at World Cup Stage in Mexico (2006) and London (2007),

5th in 10 km race at the World Aquatic Championships 2005, 6th at the World Open Water Championships 2006, 7th at the Aquatic World Championships 2007, bronze medal winner at the British National Championships 2005 in 1500 m freestyle.

1999-2003 – personal coach to **Jaime King** – 5 times British record breaker in 100 and 200 m breaststroke, 3 times National Record holder in 4 x 100 Medley Relay, participant of the Olympic Games 2000 and World LC (2001, 2003) and SC (2000) Championships.

Coach to **Stacey Tadd** – winner of the EYOF 2003 in 100 & 200 breaststroke, British Champion in 200 IM (2005), British Champs 2003-2008 multi-medal winner.

Coach to British National Champions and multi-medal winners (2003-2008):

Lorna Tonks, Simon Smith, Richard Webb, Elsbeth Taylor.

As University of Bath swimming coach prepared:

Janne Schaefer (Germany) – European Short Course Champion 2005 and 2006 in 50 m breaststroke swimming, gold (2006) and silver (2005) medal winner at the European Short Course Championships in medley relay 4 x 50 m (in 2006 – with unofficial World Record), multiple champion of Germany in breaststroke events.

2 German National records.

Stefani Biller (Germany) – bronze medal winner at the European Championships 2006 in 25K Open Water Swimming, German 10K (2006) and 25K champion (2006-2008).